# MEMBERSHIP APPLICATION



# **Our Mission**

Our mission is to empower adults experiencing mental illness to achieve their full potential by providing recovery-oriented programs and services in a safe and accepting environment.

Completed applications can be submitted via email to <a href="memberapp@ourspaceinc.org">memberapp@ourspaceinc.org</a>, by mail, in-person, or faxed to 414-383-9016. Incomplete applications will not be accepted.

### What Our Space Can Offer You

Our Space provides person-centered, strength-based, recovery-oriented services to adults living with severe and persistent mental illness and/or substance abuse issues. Our services provide hope and promote personal growth and healing through one-on-one and peer-facilitated groups, occupational therapy, wellness, and skill-building activities. All programs are in response to the expressedneeds of the individual and we encourage autonomy among the members we serve.

#### What will I gain from Our Space?

- Create and maintain a network of peers
- Learn skills through participation in educational groups
- Receive support through participation in recovery groups
- Enjoy enriching experiences through community outings
- Gain leadership skills through member management opportunities

### Why should I recommend people to Our Space?

- Our Space provides social, recreational, wellness, and educational activities to promote recovery
- Members choose their personal degree of participation and involvement with program activities
- Members are encouraged to express their needs and opinions and help plan groups and activities
- Members can become a member of the Board and set policies on important issues and concerns

#### **Member Process**

- •Independence- Members must be at an independent level of functioning that requires no staff assistance.
- •Reference- Prospective members are required to complete an application, which includes a reference form from a mental health professional such as a certified peer support specialist, case manager, social worker, therapist, psychologist, or psychiatrist.
- •Tour- Prospective members are required to tour the facility as part of the application process. We want to ensure that Our Space services are appropriate. Tours are offered Monday Friday between 9 am and 2 pm. Please provide at least 24 hours advance notice. You may contact reception at (414) 383-8921 to schedule a tour.
- **Approval** Upon receipt of a complete application and tour of the facility, individuals will be notified of their application status within 7-10 business days.

# **Our Space Membership Application**

Name:			
Address:			
Street	City		Zip
Contact Number:	Veter	an: YN	
Date of Birth:Sex: N	1F Gender Iden	tity: MF	Preferred Pronouns:
<b>Ethnicity:</b> □ White □ Black or Native □ Native Hawaiian/Pacit		•	Asian   American Indian or Alaska
☐ CCS* ☐ CSP ☐ TCM ☐ Other			
	are coordinator must nz@ourspaceinc.org		erral form and updated RPOC to of approval.
Mental Health Care Provider: _			
Mental Health Care Provider Ph	ione Number:		
Mental Health Care Provider Ad	ldress:		
Emergency Contact:	F	Relationship:	Phone:
Referral Agency/Person:			
<b>Transportation</b> : Bus Van/	Care Cab 🗌 Owner Ca	ar 🗌 Walk 🗌 Othe	er
Transportation company name:		Phoi	ne:
ForwardHealth ID#			
Have you toured the facility wit If yes, what date did you comple If no, please contact reception a	te the tour?		Yes

### **Member Reference**

I give Our Space, Inc. permission to contact the below reference regarding membership with Our Space.

Name of Reference/Organization	Relationship
Applicant's Signature	Date
Please note, by submitting this document with an electronic signature, you are agr	reeing that your electronic signature is the legal equivalent of your manual signature
The information below must be completed by a menta worker, peer specialist, therapist, crpsychiatrist.	al health professional, such as a case manager, social
What is this individual's Mental Illness Diagnosis?	
Our Space members are not supervised at all times, are volu you have any concerns or foresee any issues regarding this in	· · · · · · · · · · · · · · · · · · ·
Is there anything Our Space should be aware of regarding th setting, any behavioral concerns, or could be activating?	nis individual's capacity to interact with others in a social
Any additional information that would be helpful for the sta	ff to know:
Print Name:	Signature:
Address	Phone:ree that your electronic signature is the legal equivalent of your manual signature.

Thank you for your referral! If you have any questions or additional comments, please contact us at (414) 383-8921.

### **Rules and Regulations**

The following rules are not designed to restrict personal rights and activities, but to ensure that the rights and property of ALL are respected.

- 1. We are a smoke-free environment. Please smoke outside in the designated area.
- 2. Please arrive well-rested.
- 3. Please be respectful of others' personal space and property.
- 4. Our Space is a recovery-oriented program, therefore alcohol and/or drugs are not allowed. Please do not attend programming under the influence of alcohol and/or drugs.
- 5. No weapons allowed.
- 6. Please respect the boundaries of other members.
- 7. Please pick up after yourself.
- 8. We ask that you consume any food or snacks in the community room.
- 9. Please turn cell phones off during groups. If you must keep your phone on, be sure to silence the ringer.
- 10. Out of consideration for others, please do not take phone calls or listen to music without headphones in the Our Space community room.
- 11. Out of consideration for the comfort of all members, emotional support animals are not allowed in the Our Space Drop-in Center program.
- 12. Coffee is available for individuals participating in the Our Space Drop-In Center program.

I have read the rules and my signature is an indication that I agree to abide by the rules.

Cianatura	Data
Signature:	Date:

### **General Information**

We understand that you may be sensitive about providing the following information. It is, however, essential to help us in maintaining the quality of programming. This information will be kept confidential and personal information and photographs will not be released without your formal written consent (see page 7).

Do you have any significant medical conditions (such as history of seizures, heart condition, diabetes, allergies to medications, etc.)? No Yes If yes, please explain:
Goals:
Decrease feelings of depression
Manage stress/anxiety
Have a safe and comfortable place to be
Improve my physical fitness
Make more productive use of my time
Feel more calm and peaceful
Ready myself for future employment
Connect with others
Manage my anger in a healthy way
Cope better with problems
Learn to stand up for myself
Improve my social skills/make friends
Have better control of my emotions
Feel better about myself
Improve my social relationships
Healthy boundary setting
Other
Alcohol and Drugs:  Have you ever had a problem with drugs and/or alcohol? No Yes Do you smoke? No Yes  Are you currently using alcohol and/or non-prescription drugs? No Yes  If yes, are you interested in obtaining information about alcohol and/or drug treatment? No Yes
Mental Health:
Have you ever been hospitalized for mental illness? No Yes Last hospitalization?
Are you currently involved in a treatment program (day treatment, psychiatrist, psychologist, social worker, or community held groups)? No Yes
Housing:
Do you currently have permanent housing? No Yes
If yes, do you live in a: Group home Apartment House Nursing HomeWith your family Rooming House Other:

### **Information Release and Disclosure**

## Please check all that apply

Memb	ber's Name:	Date:		
	I hereby authorize	, to release, disclose		
	and provide the information requested to Our Space Inc. or any	y person designated by them. It is my		
	intention by this authorization to comply with Wisconsin statu	tes requiring my informed consent.		
	I give my permission to Our Space Inc. to use my photo and the	ne likeness for external release including		
	newsletters, invitations, mailings, video, or any other purpose	deemed necessary.		
	I release Our Space Inc. of any liability that may occur while I	choose to exercise in the Our Space gym. I		
	am giving myself permission to exercise and use the exercise of	equipment without consulting my doctor.		
Memk	ber's signature:			

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